

REDLAND PRIMARY SCHOOL LUNCH MENU



The deadline for ordering school meals for week commencing 2nd July 2018 is **NO LATER THAN 0900 ON WEDNESDAY 27TH JUNE 2018** so the kitchen can place orders. Payment can be made online at www.schoolmoney.co.uk which is the school's preferred method of ordering and payment. If you have mislaid your login details, please contact the school office. **DINNERS COST £2.30 PER DAY/£11.50 PER WEEK.**

Name:

Class:

W/C 2 JULY 18

| W/C 2 July 18 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| PLEASE TICK ONE OPTION PER DAY | Chicken Goujon Ciabatta, Herby Potatoes, Corn on the Cob & Onion Rings (2,4,9) <input type="checkbox"/> | Spaghetti Bolognese & Garlic Bread (1,2,5) <input type="checkbox"/> | Chicken & Veg Casserole with Dumplings & Seasonal Vegetables (2) <input type="checkbox"/> | Mince Lamb Curry, Rice and Naan (1,9) <input type="checkbox"/> | Ham & Pineapple Pizza, Chips & Baked Beans (2,7) <input type="checkbox"/> |
| | Mozzarella, Spinach & Pesto Ciabatta, Herby Potatoes, Corn on the Cob & Onion Rings (2,4,7,10) <input type="checkbox"/> | Cheese & Tomato Twice Baked Potato & Sweetcorn (7) <input type="checkbox"/> | Quorn Ratatouille, Pasta and Garlic Bread (2,4,7) <input type="checkbox"/> | Minced Quorn Curry, Rice & Naan (1,4,9) <input type="checkbox"/> | Cheese Pizza, Chips & Baked Beans (2,7) <input type="checkbox"/> |
| | Pasta & Toppings (2,7) <input type="checkbox"/> | Baked Potato with a choice of filling (4,5,7) <input type="checkbox"/> | Pasta & Toppings (2,7) <input type="checkbox"/> | Baked Potato with a choice of filling (4,5,7) <input type="checkbox"/> | Poached Lemon Salmon, Chips & Baked Beans (5) <input type="checkbox"/> |
| | Ham Sandwich Bag sandwich, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/> | Cheese Sandwich Bag sandwich, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/> | Tuna Sandwich Bag sandwich, cake, fruit yoghurt and a piece of fruit (2,4,5,7) <input type="checkbox"/> | Cheese Sandwich Bag sandwich, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/> | Ham Sandwich Bag & Crisps sandwich, crisps, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/> |

Allergens are shown by the numbers listed in (). Please see the table overleaf for detail of the allergen numbers

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TO ORDER

Place the completed order form and payment* (cheques payable to Redland School) into an envelope with your child's name and class written on the front. **Envelopes should be handed to the class teacher by the deadline overleaf.**

***IF YOUR CHILD IS ELIGIBLE FOR FREE SCHOOL MEALS, OR IN FS2 OR KS1, YOUR CHILD'S MEAL IS FREE BUT YOU MUST STILL PROVIDE THE MENU SELECTION.**

FURTHER INFORMATION

Baked potatoes are served with a choice of toppings eg. cheese, beans, coleslaw, etc (unless otherwise stated) (4,5,7)

Pasta is served with a sauce eg cheese, tomato & basil, chicken & tomato (2,5,7)

10g of tomato sauce is served once a week with chips (1,9).

Fresh bread, seasonal vegetables and salad will be available with all main meals.

There will be a choice of puddings each day, for example: flapjack, cakes, fruit jelly, cheese and crackers. Fruit and fruit yoghurt will be available as an alternative each day.

ALLERGEN INFORMATION

| Reference | Allergen | Examples | Reference | Allergen | Examples |
|-----------|---------------------------|---|-----------|-----------------|---------------------------------------|
| 1 | Celery | Celery stalks, leaves, seeds and celeriac | 8 | Molluscs | Mussels, oyster sauce |
| 2 | Cereals containing gluten | Wheat, rye, barley and oats | 9 | Mustard | Liquid mustard, powder seeds |
| 3 | Crustaceans | Prawns, scampi | 10 | Nuts | All types of nut and nut oil |
| 4 | Eggs | Mayonnaise, quiche, sauces, egg glaze | 11 | Peanuts | Peanuts, peanut butter and peanut oil |
| 5 | Fish | Fish cakes, fish portions, Worcestershire sauce | 12 | Sesame | Seeds and oil |
| 6 | Lupin | Lupin flour, seeds, types of bread | 13 | Soya | Soya products |
| 7 | Milk | Butter, cheese, cream, milk powders and yoghurt | 14 | Sulphur Dioxide | Preservatives, whole dried apricots |