

# REDLAND PRIMARY SCHOOL LUNCH MENU



The deadline for ordering school meals for week commencing 16<sup>th</sup> March 2020 is **NO LATER THAN 0900 ON WEDNESDAY 11<sup>TH</sup> MARCH 2020** so the kitchen can place orders. Payment can be made online at [www.schoolmoney.co.uk](http://www.schoolmoney.co.uk) which is the school's preferred method of ordering and payment. If you have mislaid your login details, please contact the school office. **DINNERS COST £2.30 PER DAY/£11.50 PER WEEK.**

Name: .....

Class: .....

W/C 16 MARCH 2020

W/C 16 MAR 20	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>PLEASE TICK <u>ONE</u> OPTION PER DAY</b>	<b>All Day Breakfast</b> sausage, bacon, scrambled egg, waffles, baked beans, tomatoes & mushrooms (1,2,4,7,13,14) <input type="checkbox"/>	<b>Chicken Enchilada</b> salad and garlic bread (2,7,13) <input type="checkbox"/>	<b>Savoury Mince</b> roast potatoes & seasonal vegetables (1) <input type="checkbox"/>	<b>Meatballs &amp; Penne Pasta</b> with hidden veg tomato sauce (1,2,5) <input type="checkbox"/>	<b>Chicken Nuggets,</b> curly fries & baked beans (1,2,4,7,9,13) <input type="checkbox"/>
	<b>Veggie Breakfast,</b> veggie sausage, scrambled egg, waffles, baked beans, tomatoes & mushrooms (2,4,6,7,14) <input type="checkbox"/>	<b>Mixed Bean Casserole</b> & garlic bread (2,7,13) <input type="checkbox"/>	<b>Macaroni Cheese</b> with garlic bread (2,7,13) <input type="checkbox"/>	<b>Penne Pasta with Hidden Veg Tomato Sauce</b> (1,2,5) <input type="checkbox"/>	<b>Veggie Nuggets,</b> curly fries & baked beans (2) <input type="checkbox"/>
	<b>Bacon Bap</b> with potato waffles, baked beans, tomatoes & mushrooms (2) <input type="checkbox"/>	<b>Baked Potato</b> with a choice of filling (4,5,7) <input type="checkbox"/>	<b>Pasta &amp; Toppings</b> (2,7) <input type="checkbox"/>	<b>Baked Potato</b> with a choice of filling (4,5,7) <input type="checkbox"/>	<b>Fish Stars</b> curly fries & baked beans (2,5) <input type="checkbox"/>
	<b>Cheese Sandwich Bag</b> sandwich, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/>	<b>Ham Sandwich Bag</b> sandwich, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/>	<b>Tuna Sandwich Bag</b> sandwich, cake, fruit yoghurt and a piece of fruit (2,4,5,7) <input type="checkbox"/>	<b>Cheese Sandwich Bag</b> sandwich, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/>	<b>Ham Sandwich Bag &amp; Crisps</b> sandwich, crisps, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/>

Allergens are shown by the numbers listed in ( ). Please see the table overleaf for detail of the allergen numbers

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## TO ORDER

Place the completed order form and payment\* (cheques payable to Redland School) into an envelope with your child's name and class written on the front. **Envelopes should be handed to the class teacher by the deadline overleaf.**

**\*IF YOUR CHILD IS ELIGIBLE FOR FREE SCHOOL MEALS, OR IN FS2 OR KS1, YOUR CHILD'S MEAL IS FREE BUT YOU MUST STILL PROVIDE THE MENU SELECTION.**

## FURTHER INFORMATION

Baked potatoes are served with a choice of toppings eg. cheese, beans, coleslaw, etc (unless otherwise stated) (4,5,7)

Pasta is served with a sauce eg cheese, tomato & basil, chicken & tomato (2,5,7)

10g of tomato sauce is served once a week with chips (1,9).

Fresh bread, seasonal vegetables and salad will be available with all main meals.

There will be a choice of puddings each day, for example: flapjack, cakes, fruit jelly, cheese and crackers. Fruit and fruit yoghurt will be available as an alternative each day.

## ALLERGEN INFORMATION

Reference	Allergen	Examples	Reference	Allergen	Examples
1	Celery	Celery stalks, leaves, seeds and celeriac	8	Molluscs	Mussels, oyster sauce
2	Cereals containing gluten	Wheat, rye, barley and oats	9	Mustard	Liquid mustard, powder seeds
3	Crustaceans	Prawns, scampi	10	Nuts	All types of nut and nut oil
4	Eggs	Mayonnaise, quiche, sauces, egg glaze	11	Peanuts	Peanuts, peanut butter and peanut oil
5	Fish	Fish cakes, fish portions, Worcestershire sauce	12	Sesame	Seeds and oil
6	Lupin	Lupin flour, seeds, types of bread	13	Soya	Soya products
7	Milk	Butter, cheese, cream, milk powders and yoghurt	14	Sulphur Dioxide	Preservatives, whole dried apricots