



Redland Physical Education Journey

- *Gymnastics*
- *Dance*
- *Fundamental Games*
- *REAL PE*
- *Athletics*



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Early Years

Owls & Wrens
FS2 and Year 1

Key Stage 1

Robins & Starlings
Years 1 & 2



- *Swimming - Year 4*
- *Dance*
- *Invasion games - Basketball, Hockey*
- *Net and Wall Games - Tchoukball/Handball/Tennis*
- *Striking and fielding - Rounders, Cricket*
- *Athletics*

Key Stage 2



Puffins & Nightingales
Years 2, 3 & 4

- *Swimming - Year 4*
- *Dance*
- *Invasion Games - Tag Rugby/Football, Dodgeball/Netball*
- *Net and Wall Games - Tennis Volleyball*
- *Striking and fielding - Cricket/ Rounders*
- *Outdoor Adventurous*

Buzzards & Hawks
Years 4 & 5



Kingfishers & Falcons
Years 5 & 6



- *Gymnastics*
- *Athletics*
- *Invasion Games - Hockey/Netball/Football/Tag Rugby*
- *Net and Wall Games - Badminton/Volleyball/Tennis*
- *Striking and fielding - Rounders/Cricket*
- *Outdoor Adventurous*

Dance
REAL PE

Shown is the progression of the PE skills throughout the school. Children will learn about the skills as they move throughout the school.