

REDLAND PRIMARY SCHOOL LUNCH MENU



The deadline for ordering school meals for week commencing 4th July 2022 is **NO LATER THAN 0900 ON WEDNESDAY 29TH JUNE 2022** so the kitchen can place orders. Payment can be made online at www.schoolmoney.co.uk which is the school's preferred method of ordering and payment. If you have mislaid your login details, please contact the school office. **DINNERS COST £2.30 PER DAY/£11.50 PER WEEK.**

Name:

Class:

W/C 04 JULY 2022

W/C 04 JUL 22	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PLEASE TICK <u>ONE</u> OPTION PER DAY	Italian Chicken, hidden veg tomato sauce, rice & peas (2) <input type="checkbox"/>	Lamb & Mint Burger, with oven baked wedges & baked beans or sweetcorn (2,4) <input type="checkbox"/>	Roast Chicken, Yorkshire pudding, new potatoes & seasonal vegetables (2,4,7) <input type="checkbox"/>	All Day Breakfast sausage, bacon, scrambled egg, scalloped potatoes, baked beans, tomatoes & mushrooms (1,2,4,7,13,14) <input type="checkbox"/>	Hot Dog, chips & baked beans (2,11) <input type="checkbox"/>
	Herby Cheese and Onion Catherine Wheel, Herby potatoes & peas (2,7) <input type="checkbox"/>	Cheese & Bean Toastie, with oven baked wedges & baked beans or sweetcorn (2,4,7) <input type="checkbox"/>	Roast Quorn, Yorkshire pudding, new potatoes & seasonal vegetables (2,4,7) <input type="checkbox"/>	Vegetarian Breakfast veggie sausage, scrambled egg, scalloped potatoes, baked beans, tomatoes & mushrooms (2,4,6,7,14) <input type="checkbox"/>	Quorn Hot Dog, chips & baked beans (2,4,7) <input type="checkbox"/>
	Pasta & Toppings (2,7,13) <input type="checkbox"/>	Baked Potato with a choice of filling (4,5,7) <input type="checkbox"/>	Baked Potato with a choice of filling (4,5,7) <input type="checkbox"/>	Bacon Bap scalloped potatoes, baked beans, tomatoes & mushrooms (2,7) <input type="checkbox"/>	Salmon & Broccoli Pasta Bake (2,5,7) <input type="checkbox"/>
	Cheese Sandwich Bag high fibre roll, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/>	Ham Sandwich Bag high fibre roll, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/>	Tuna Sandwich Bag high fibre roll, cake, fruit yoghurt and a piece of fruit (2,4,5,7) <input type="checkbox"/>	Cheese Sandwich Bag high fibre roll, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/>	Ham Sandwich Bag & Crisps high fibre roll, crisps, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/>

Allergens are shown by the numbers listed in (). Please see the table overleaf for detail of the allergen numbers

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TO ORDER

Place the completed order form and payment* (cheques payable to Redland School) into an envelope with your child's name and class written on the front. **Envelopes should be handed to the class teacher by the deadline overleaf.**

***IF YOUR CHILD IS ELIGIBLE FOR FREE SCHOOL MEALS, OR IN FS2 OR KS1, YOUR CHILD'S MEAL IS FREE BUT YOU MUST STILL PROVIDE THE MENU SELECTION.**

FURTHER INFORMATION

Baked potatoes are served with a choice of toppings eg. cheese, beans, coleslaw, etc (unless otherwise stated) (4,5,7)

Pasta is served with a sauce eg cheese, tomato & basil, chicken & tomato (2,5,7)

10g of tomato sauce is served once a week with chips (1,9).

There will be a choice of puddings each day, for example: flapjack, cakes, fruit jelly, cheese and crackers. Fruit and fruit yoghurt will be available as an alternative each day.

ALLERGEN INFORMATION

Reference	Allergen	Examples	Reference	Allergen	Examples
1	Celery	Celery stalks, leaves, seeds and celeriac	8	Molluscs	Mussels, oyster sauce
2	Cereals containing gluten	Wheat, rye, barley and oats	9	Mustard	Liquid mustard, powder seeds
3	Crustaceans	Prawns, scampi	10	Nuts	All types of nut and nut oil
4	Eggs	Mayonnaise, quiche, sauces, egg glaze	11	Peanuts	Peanuts, peanut butter and peanut oil
5	Fish	Fish cakes, fish portions, Worcestershire sauce	12	Sesame	Seeds and oil
6	Lupin	Lupin flour, seeds, types of bread	13	Soya	Soya products
7	Milk	Butter, cheese, cream, milk powders and yoghurt	14	Sulphur Dioxide	Preservatives, whole dried apricots