

REDLAND PRIMARY SCHOOL LUNCH MENU



The deadline for ordering school meals for week commencing 5th September 2022 is **NO LATER THAN 0900 ON THURSDAY 1ST SEPTEMBER 2022** so the kitchen can place orders. Payment can be made online at www.schoolmoney.co.uk which is the school's preferred method of ordering and payment. If you have mislaid your login details, please contact the school office. **DINNERS COST £2.30 PER DAY/£11.50 PER WEEK.**

Name:

Class:

W/C 05 SEPTEMBER 2022

| W/C 05 SEP 22 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|--|
| PLEASE TICK <u>ONE</u> OPTION PER DAY | Katsu Chicken Curry, with rice, naan & peas (1,2,4,7,9,13) <input type="checkbox"/> | Meatballs & Penne Pasta With hidden veg tomato sauce & garlic bread (1,2,7,13) <input type="checkbox"/> | Roast Sausage, Yorkshire pudding, new potatoes & seasonal vegetables (2,4,7,14) <input type="checkbox"/> | Pork Fajita Wrap peppers & potato wedges (2) <input type="checkbox"/> | Battered Chicken Chunks, chips & baked beans (2) <input type="checkbox"/> |
| | Spanish Omelette, with garlic bread, peas or baked beans (2,4,7,13) <input type="checkbox"/> | Veggie Pasta Bake & garlic bread (1,2,7,13) <input type="checkbox"/> | Roast Veggie Sausage, Yorkshire pudding, new potatoes & seasonal vegetables (2,4,7) <input type="checkbox"/> | Quorn Fajita Wrap peppers & potato wedges (2,4) <input type="checkbox"/> | Veggie Nuggets, chips & baked beans (2) <input type="checkbox"/> |
| | Pasta & Toppings (2,7,13) <input type="checkbox"/> | Baked Potato with a choice of filling (4,5,7) <input type="checkbox"/> | Baked Potato with a choice of filling (4,5,7) <input type="checkbox"/> | Pasta & Toppings (2,7,13) <input type="checkbox"/> | Fish Cakes chips & baked beans (2,5,7,9) <input type="checkbox"/> |
| | Cheese Sandwich Bag roll, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/> | Ham Sandwich Bag roll, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/> | Tuna Sandwich Bag roll, cake, fruit yoghurt and a piece of fruit (2,4,5,7) <input type="checkbox"/> | Cheese Sandwich Bag roll, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/> | Ham Sandwich Bag & Crisps roll, crisps, cake, fruit yoghurt and a piece of fruit (2,4,7) <input type="checkbox"/> |

Allergens are shown by the numbers listed in (). Please see the table overleaf for detail of the allergen numbers

REDLAND PRIMARY SCHOOL LUNCH MENU

TO ORDER

Place the completed order form and payment* (cheques payable to Redland School) into an envelope with your child's name and class written on the front. **Envelopes should be handed to the class teacher by the deadline overleaf.**

***IF YOUR CHILD IS ELIGIBLE FOR FREE SCHOOL MEALS, OR IN FS2 OR KS1, YOUR CHILD'S MEAL IS FREE BUT YOU MUST STILL PROVIDE THE MENU SELECTION.**

FURTHER INFORMATION

Please note that menus may be subject to change at short notice due to availability of products from our suppliers and theme days.

Baked potatoes are served with a choice of toppings eg. cheese, beans, coleslaw, etc (unless otherwise stated) (4,5,7)

Pasta is served with a sauce eg cheese, tomato & basil, chicken & tomato (2,5,7)

10g of tomato sauce is served once a week with chips (1,9).

There will be a choice of puddings each day, for example: flapjack, cakes, fruit jelly, cheese and crackers. Fruit and fruit yoghurt will be available as an alternative each day.

ALLERGEN INFORMATION

| Reference | Allergen | Examples | Reference | Allergen | Examples |
|-----------|---------------------------|---|-----------|-----------------|---------------------------------------|
| 1 | Celery | Celery stalks, leaves, seeds and celeriac | 8 | Molluscs | Mussels, oyster sauce |
| 2 | Cereals containing gluten | Wheat, rye, barley and oats | 9 | Mustard | Liquid mustard, powder seeds |
| 3 | Crustaceans | Prawns, scampi | 10 | Nuts | All types of nut and nut oil |
| 4 | Eggs | Mayonnaise, quiche, sauces, egg glaze | 11 | Peanuts | Peanuts, peanut butter and peanut oil |
| 5 | Fish | Fish cakes, fish portions, Worcestershire sauce | 12 | Sesame | Seeds and oil |
| 6 | Lupin | Lupin flour, seeds, types of bread | 13 | Soya | Soya products |
| 7 | Milk | Butter, cheese, cream, milk powders and yoghurt | 14 | Sulphur Dioxide | Preservatives, whole dried apricots |